

Spa 10K/5K/Squirt Race Entry Form
Mail to: SPA 10K, POB 8101, HSV, AR 71910

Please Print

The Spa 10K/5K does not offer refunds, defer registrations to future years or allow transfers to other participants.

Name (First/Last) _____

Address _____

City/State/Zip _____

Day Phone (include area code) _____

Night Phone (include area code) _____

Email _____

Age on Race Day 11/19/2011 _____

DOB ____/____/____ Sex: M F

Sign me up for: (Check Only One Event)

SPA PACERS MEMBERS GET DISCOUNT
DEDUCT \$5.00 FROM ENTRY FEE

- Spa 10K - \$25.00 (through Nov 10th)
(\$35.00 late registration after Nov. 11th)
- Spa 10K Clydesdale Spa 10K Athena
- Spa 5K - \$25.00 (through Nov 10th)
- Spa 5K **Walk** - \$25.00 (through Nov 10th)
(\$35.00 late registration after Nov 11^h)
- Spa Squirt (Ages 2-10) - \$10.00 pre or race day

Requested Shirt Size (first 600 guaranteed):

Spa 10K/5K Sizes: XS S M L XL XXL

Spa Squirt Youth Sizes: YS YM YL

Waiver (must be signed)

In Consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against volunteers, officials, sponsors or affiliated organizations of the Spa 10K, Spa 5K, and the Spa Squirt for injury or illness which may directly or indirectly result from participation. I further state that I am in proper physical condition to participate in these events. I also give permission for the free use of my name and/or picture in account of this event.

Signature

Signature of Parent/Legal Guardian if Child is Under 18

Date

MARATHON SPONSOR



HALF MARATHON SPONSORS



The Moore-Comstock-Poole Group



L & J Fitness, LLC



*Hot Springs, Ark.
November 19, 2011*

Spa 10K/5K
Presented by
Spa Pacers Association
Saturday, November 19, 2011
8:00 A.M.

Registration 6:00 A.M.–7:15 A.M.
HS Convention Ctr/Summit Arena
134 Convention Blvd.
Hot Springs, AR

Spa Squirt (1K Kid's Run)
9:30 A.M.

NEW LOCATION
Behind Summit Arena
On Church Street

- **Chip Timing Start/Finish**
- **Long-sleeve Technical Shirt**
- **Live Music Along The Course**
- **Three Water Stations**
- **Walkers – 5K ONLY**
- **10K/5K Course Closes 9:30 A.M.**
- **NEW INDOOR LOCATION For Awards Ceremony**

Event Schedule

- FRIDAY** **EVENTS @ ARLINGTON HOTEL
MEZZANINE
239 Central Ave**
- 3 – 8 P.M. Registration
- 6 – 8 P.M. ARKANSAS SPA PACER
Welcome Reception
Complimentary Appetizers
- SATURDAY** **EVENTS @ HOT SPRINGS
CONVENTION CENTER
- SUMMIT ARENA
134 Convention Boulevard**
- 6 - 7:15 A.M. 10K/5K Registration
Packet Pick-up and Chip Pick-up
*Must have bib to pick up chip
* If changing race, must be done by
7:15 A.M. race day
- 8:00 A.M. Spa 10K/5K Race Start
1 Block East of the
Convention Center
- 9 A.M. Post Race Food and Refreshment
Spa Squirt Registration
- 9:30 A.M. 5K/10K Course Closes
- 9:30 A.M. Spa Squirt Race Start
**New Location - Behind Summit
Arena on Church Street**
- 10:00 A.M. Awards Ceremony
**New Location – Inside
Convention Center, Room 207**

MISSION STATEMENT:

To promote health, fitness and fun through group activities focusing on running, jogging, and walking for individuals of all ages and to make a positive contribution to the Hot Springs Community!

2011 Spa 10K and 5K Map



For more information contact:

Dave MacKenzie
2011 Race Director
501-282-5617 or dave@spa10k.com
Fax: 501-609-9611
www.spa10k.com
Spa 10K 2011
PO Box 8101
Hot Springs Village, AR 71910



The Spa 10K Race Benefits

Teen Challenge of Arkansas

www.teenchallenge.org

Friends of the Park

www.cityhs.net

Also, the Spa 10K is partnering with The Junior Auxiliary of Hot Springs in their annual **COAT DRIVE FOR FAMILIES**. Bins will be onsite the day of race to donate any size coat (new or used) for kids and adults.



THE HEART OF HISTORIC HOT SPRINGS NATIONAL PARK
The Arlington Hotel is the Spa 10K Host Hotel.
For special rates call 501-623-7771 or 1-800-643-1502 and mention you are coming for the Spa 10K.

AWARDS

Awards will be 3-deep in all age groups, plus Clydesdale, Athena, Seniors, Masters and Grand Masters.

Walkers awards will be 3-deep in 10 year increments (19 and under; 20-29, 30-39, 40-49, etc)